

# Invitation to the Sun Moon Dance close to Dresden, Germany Wed. August 26<sup>th</sup> to Sat. 29<sup>th</sup> 2020



It is a great honor and wonderful blessing that Geraldine Rael, eldest daughter of Joseph Rael – Beautiful Painted Arrow – is going to chief and support the Dance.



The Sun Moon Dance is a vision of the Native American Joseph Rael- Beautiful Painted Arrow, who saw people from all directions come together to find peace within and with everything that is. This is not a traditional Sun Dance.

## An ancient orchard becomes our dancesite

The Sun Moon Dance starts with preparing the dancesite together on Wednesday August 26th and ends with the taking down on Saturday 29th in the afternoon.

There is a sweatlodge for everyone on Wednesday.

We dance and that means we take one step after the other after our personal abilities and needs, coming from the periphery of a circle to a tree in the center, turn around and go back. We develop a rhythm of dancing and resting, of activity and passivity from sunrise to sundown. At night we rest. The dancers stay in the dance circle from the beginning of the dance to the end that means we also sleep there.

During the entire dance we fast from food and water and don't talk to help us dance through our inner blocks. A group of people drum and sing during the dance times. A Moonmother and Dogsoldiers look after the dancers at all times. Slowly and steadily we together built up a very strong energy, that helps all life.

The dancers can bring a personal helper that has to be present during the whole dance. Please contact the coordinators if you want to be part of the team.

We are going to eat together with everybody on Saturday, so that we can integrate our new experiences into our body.

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We organize the Sun Moon Dance.

Please contact us for any questions you might have



Lars Richter

My personal motivation:  
I read about the Sundance in a book when I was a child and wanted to do this dance ever since. Although I have high expectations, I am still free of expectations because I don't know what I am actually getting into. Perhaps I am concerned with perceived knowledge that I cannot access through intellectual (detour) ways. Perhaps it is about the need to experience my "real" destiny in this way. But maybe it is also about recognizing how I can help us humans to recognize which path of transformation leads to a peaceful time. I would like to find my inner peace and thus start the transformation with myself.

This intent may be driven by an "imagined" ego, but I will find out. I have a lot of respect for this dance. Also and specially because I suddenly became a co-organizer of the dance from being just a seeker. There is still a lot to prepare before August. But when the dance starts I will only be a dancer ...

kind regards with love and light  
Lars

Stella Longland from Scotland is going to be the Moonmother of the dance.



Martin Burberg is leading the drumming and singing during the dance



Lukas + Marina Budimir

Marina and Lukas Budimir have danced the Sun Moon Dance since the year 2000 and 1993 in many countries: Germany, Scotland, Italy, Croatia, Brazil, USA and Australia. They have danced, coordinated, have been dogsoldiers and moonmothers and helped in the kitchen. Through that they experienced different aspects and perspectives of the Sun Moon Dance.

**For further information please contact us by phone, WhatsApp or email:**

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